

*CHILDREN'S INTERNATIONAL SINGING VILLAGES presents*



V-2009-17 FRA Pre-Camp 2



*Sing, sing a song  
Sing out loud  
Sing out strong  
Sing of good things not bad  
Sing of happy not sad.*

*Sing, sing a song  
Make it simple to last your whole life long  
Don't worry that it's not good enough  
For anyone else to hear  
Just sing, sing a song.*

*Sing, sing a song  
Let the world sing along  
Sing of love there could be  
Sing for you and for me.*

*Sing, sing a song  
Make it simple to last your whole life long  
Don't worry that it's not good enough  
For anyone else to hear  
Just sing, sing a song.*



## ***Theme***

Singing will be the keyword in our village. Singing is very CISV, it's peaceful and makes everyone happy. We would like every delegation to teach the villagers a song in their own language. Find a song that can be sung by all of us, and come with it to the village,



## ***Dates***

All delegations and leaders should arrive on **July 4th** (not before or after!) and leave on **July 31st** (once again, not before).

You are asked to arrive at **Perrache** Train Station. The host families will welcome you there.

The kids will go to host families, while leaders, JC's and staffies will start preparing the village. We will all meet on Sunday afternoon.

## ***Participating countries***

*ARGENTINA*

*COLOMBIA*

*COSTA RICA*

*EGYPT*

*FRANCE*

*GEORGIA*

*GERMANY*

*ITALY*

*LEBANON*

*SLOVENIA*

*SPAIN*

*SWEDEN*

*USA*

# **OUR ROLES**

## **Host Staff**

We see our role in this Village as a team, not only dealing with the practical matters of village life, but also assisting leaders and children in carrying our suitable CISV program ideas. We will try our best to see that things run as smoothly as possible and hope that you feel comfortable to come to us to discuss any needs, concerns or problems.

## **Leaders**

We see the leaders' role as providing ideas, leadership and total participation in the program. Participation includes helping to create the programs, evaluating, suggesting improvements and attending the activities others have prepared. The leaders at the camp make an example for the children. The way the leaders interact and participate will determine the way the children will also interact and participate. We do not expect anyone to be SUPER-HUMAN, but we do hope that you are willing to participate fully in the village life! Equally important is our responsibility towards each child's safety, health and welfare. We ask that you get acquainted with the children to be sensitive to their basic needs for adequate diet, sleep, physical and behavioral well-being.

## **Children**

We will do our best to plan a very memorable experience for you at the camp. But the challenge will be yours to get the most out of the experience by making as many friends as you can during the whole month. In turn, you can help us to get to know you better by sharing your ideas and participating in activities that are planned for everyone. You will need to be creative so that children from different countries who do not speak the same language as you will be able to work together and have just as much fun !!!

## **Parents**

We are pleased to welcome your child to CISV France. Like you, most of the chapter members who are organizing the village are parents, who are committed to the ideals of CISV — Peace and understanding through children. Your role as parent is to support your child, not only before the village, but also afterwards. You will need to talk about expectations of your child in regards to respecting similarities and differences of others, following rules for safety, health and appropriate social behavior. You can also help by encouraging your child to write to CISV friends, be active in your local Junior Branch or Local Work, and apply the philosophy of CISV in daily situations.

## **Junior Counselors (JC's)**

The JC's will be an important link between the children, adult leaders and staff. To the children, you are their closest role model and they may look to you as an example and as a good friend. The adult leaders may ask you to assist with their delegations and programs responsibilities. You will be expected to help the staff with some of the general duties too. With this special role in mind, we encourage the JC's to be involved in discussions, activities, and certain responsibilities in the same capacity as all LEADERS as stated below. So we are counting on you, JC's, to bring your energy, enthusiasm and commitment to help create a positive CISV experience for our villagers

**PLEASE DON'T FORGET TO READ THE CISV VILLAGE GUIDE**

# LYON

- is located in south east France
- is the second French city with 1.2 millions of inhabitants
- is known for its historical and architectural landmarks
- is a UNESCO World Heritage Site
- has a reputation as the French capital of gastronomy
- is near two of France's best known wine-growing regions (Beaujolais and Côtes du Rhône)
- had a significant role in the history of cinema
- was historically known as the silk capital of the world
- is also the native town of Antoine de Saint Exupéry, Little Prince's writer

## Travel Arrangements

**From Lyon St Exupery airport** (LYS) take the shuttle (SATOBUS) to Lyon Perrache. →

Departure every 20 minutes. Lyon Perrache is the last stop.

Please note :

there is another train station named Lyon Part Dieu

to pay attention to the SATOBUS destination (some go to Grenoble, Chambéry, St Etienne...)

| Fares      | Adult      | under 25 y.o | under 12 y.o. |
|------------|------------|--------------|---------------|
| One way    | 8.90 Euros | 6.70 E       | 4.40 E        |
| Round trip | 15.80 E    | 13.40 E      | 8.80 E        |



**From any airport in Paris**, the best way to Lyon is the TGV train from "Gare de Lyon" train station. The journey lasts 2 hours. In case you need details to go from the airport to the train station, just ask the staff.

# FORMS

*(please use the new 2008 version of each form)*

|                    | FORM                               | WHO            | HOW MANY              | WHEN          |
|--------------------|------------------------------------|----------------|-----------------------|---------------|
| <b>DELEGATIONS</b> | Delegation Information Form (VDIF) | Leader + Youth | 1 original            | NOW           |
|                    | Delegation Travel Information Form | Leader + Youth | 1 original            | NOW           |
|                    | Health Form (HF)                   | Leader + Youth | 1 original + 3 copies | Bring to Camp |
|                    | Youth Legal Insurance Form YLIF    | Youth          | 1 original + 3 copies | Bring to Camp |
|                    | Adult Legal Insurance Form (ALIF)  | Leader         | 1 original + 3 copies | Bring to Camp |
|                    | Medical Insurance                  | Leader + Youth | 1 original + 3 copies | Bring to Camp |
|                    | Swimming Authorization             | Youth          | 1 original + 3 copies | Bring to Camp |
| <b>JCS</b>         | JC travel information Form         | JC             | 1 original            | NOW           |
|                    | JC information Form                | JC             | 1 original            | NOW           |
|                    | Health Form (HF)                   | JC             | 1 original + 3 copies | Bring to Camp |
|                    | Medical Insurance (TWAL)           | JC             | 1 original + 3 copies | Bring to Camp |
|                    | Swimming Authorization             | JC             | 1 original + 3 copies | Bring to Camp |

**Red forms: we need it as soon as possible**

**Green forms: we can't accept you in the camp without any of them**

Please send the requested forms to Manu's address :

Emmanuel CHARTIER  
3 rue Aubert Dubayet  
38000 GRENOBLE  
France

OR

[emmanuel.chartier@fr.cisv.org](mailto:emmanuel.chartier@fr.cisv.org)

## ***Documents and Visa***

Don't forget to check with the French embassy in your country : if you need any official form from the staff and CISV France, we kindly ask you to start asking us!!!

## ***Insurance***

Please make sure that all the delegations have full comprehensive insurance against loss of property, medical care for the full period of your absence from home (including travelling days.)

## ***French LAWS, CISV rules and Camp rules***

There are many French legal rules which we will be covering how we operate the camp in terms of **health, safety and risk management** issues. From this side of things, the staff and village planners will ensure the laws are followed. However, there are also many responsibilities the leaders and participants must follow.

Non-prescription drugs are absolutely prohibited at the camp (this includes marijuana). Anyone found to have drugs in their possession will be treated in accordance with CISV International regulations : they will be sent home at their own expense. This is a serious issue, and we expect that you will respect the laws and rules of both France and CISV.

Remember that while you are in other countries, the laws of those countries are the governing factors over your behavior. If you break the law in another country, **ignorance is not an excuse**. Please remember that you are subject to punishment under the country's laws, and CISV nor your own country can help you if you find yourself in this position.

There are also a number of other points we ask you to consider. Alcohol is not to be used at all during CISV programs and activities of an educational nature. Therefore, we ask all leaders to refrain from using alcohol until their daily duties are complete. France is the land of some of the world's best wines, and we understand that some people may be attracted to this. Please remember that as a leader, you are always responsible for your childrens' well-being and your judgment may be required at any time. If the staff sees a problem with anyone's drinking habits, they reserve the right to limit or restrict access to alcohol for the duration of the camp. According to French laws, kids are absolutely forbidden to drink any kind of alcohol.

Please read, and be familiar with CISV International's expectations and guidelines for participants in CISV Programs. We will follow these guidelines at the camp. Please note that any discrimination of any sort will not be tolerated at this camp.



## WHAT TO BRING

- Your national flag (*big enough*)
- Music you like to listen to and the music that is very popular in your country (*make sure your name and country are on it*)
- Snacks from your country (*enough for the open day and your cultural activity*)
- Required health and legal forms
- Cultural/ traditional things from your country
- Posters of your country (*for the open day and to decorate*)
- Small gifts for host families (*at least 2 : one for your first week-end home stay and one for the leaders week end home stay*)
- Adapter for any electric device you would bring with you (*voltage 230V*)
- Jeans
- Shorts
- Light pants
- 2 or 3 sweaters
- T-shirts
- CISV T-shirts to trade
- Your national costume
- A fancy costume or dress
- Sport shoes
- Good walking shoes
- Sun glasses
- Hat
- Toiletries
- Small things to trade
- Towels
- Raincoat
- Underwear (where?)
- Socks
- Your favorite pajama
- Laundry bag
- Swimming suit (boys, only swim brief are allowed in French swimming-pools )



## **WHAT NOT TO BRING**

Please do not bring **computers games, mobile phones, expensive things, parents, bad tempers, and prejudices!**

**REMEMBER** : Lots of trading happen at CISV camps. Leave everything at home you or your parents would be upset about if it did not come home with.

**YOUTH MUST ABSOLUTELY NOT HAVE ANY MOBILE PHONE WITH THEM. ANY MOBILE PHONE WOULD BE TAKEN AND LOCKED IN THE STAFF ROOM UNTIL THE END OF THE CAMP.**

### **NOTE FOR PARENTS**

We prefer the parents not to call the kids during the village due to the risk of homesickness. For emergency reasons, you will be able to contact the leader/staff by phone and fax. Instead, we recommend that you send many letters to the camp address beginning before the camp official start so to overcome mail delay. There will be a computer with an Internet access in the leaders' room that can be used during free times

## **Laundry**

You must mark every item with your name and country. This is very important. A washing machine will be available for the villagers. Laundry will be done on a regular basis so you should bring **clothes for around 10 days.**

## **Medicine and Glasses**

If you use **any kind of medicine**, please bring along an adequate amount for the whole village period. Please make a **copy of your prescription**. If you wear glasses or contact lenses, please bring an extra pair and a copy of your prescription, so they can be easily replaced if they are damaged.

## **Request for special diets and allergies**

For any special **diet or allergy**, we need these informations as soon as possible to organize home stays. Please send us the request by email.



## ***Communication***

We hope that all adults will be able to speak **English** so that we can communicate. The official working language of the camp will be English. However, those who are less proficient in English must still have the opportunity to express their opinions and lead activities. Therefore, we ask that all participants be **attentive, courteous and patient** when others are speaking and to respect translations times.

It is very important that leaders and staff maintain a good communication climate among the villagers and feel free to express their ideas, needs, concerns.

Keeping problems to ourselves or sharing them with a few friends, often lead to misunderstanding and divisions among the groups. We all need each other's suggestions, constructive criticism, praise and support at any time of the camp. We are on the same team!!!

## ***National Night***

This part of the village program is a chance for you to share and teach us **something about your country, culture and traditions**. It is also a chance for us to see your country through your eyes and not as we usually would as tourists or in books. This activity should last 1h30. Examples for your NN : a song, a dance, a game, food (some ingredients may be can not be found in France).

A booklet about your whole delegation would be much appreciated (please make 70 copies)

## ***Kitchen Staff***

They will be in charge of preparing meals and cleaning the kitchen, but once their job done, they will join us and take part to the activities. We consider them as complete members.

## ***Banking***

All the money will be put in a safe, locked in a safe place of the camp. You will be able to change your currency into euros at the airport, train station, or during day off and the shopping day, but you should come from home with some euros already. We also advise leaders to carry an international credit card in case of emergencies. We'd like kids didn't bring any because they wouldn't need it and could lose it easily !!

## ***Pocket money***

Children should not bring more than 100 E for all the camp. This is the amount of money that should be sufficient. With this, there will be enough for buying candies and soft drinks and a lot for souvenirs of our wonderful area!!!

Example of costs in France :

CD : 20 Euro

Jeans : 50 Euro

Big Mac Meal : 6,50 Euro

Post card : 1 Euro

Adults you may bring more money for your day-off.

LEADERS bring also an emergency fund of money for you or/ and your delegation. Remember, that whether CISV France, nor CISV International is responsible to pay for your medical treatment, travel expenses or any other costs you may have. These are some of the things for which you may need an emergency fund.

As in accordance with CISV International rules, a safe will be available for you to keep special documents, money or valuables for the duration of the camp. Each delegation will be given a special folder or envelope in which they can place their items to go into the safe.

## ***JC's shop***

It will be open after lunch. Different things will be available there: sweets, cans, post cards, envelopes, etc... In the last days, there also will be clothes (mainly t-shirts) from the French CISV chapters. The children will charge their purchases up to a certain amount of money that we all have to decide during the two first days. At the end of each week, the staff will collect money from each delegation leader.

## ***Cleaning***

It is **very important** to keep the room clean! The French laws are really strict on that. In addition to that duty, the "cleaning groups" will be assigned to clean communal areas during the clean up time.

All participants must help each other to perform several chores each day to keep the camp running smoothly.

It's part of the village educational contents : **everyone has to share all responsibilities and duties** if we all want to spend a very good time all together. Chores can be quick and enjoyable if leader AND kids :

- set a good example to each other
- everybody knows exactly what is expected from them
- establish a routine
- insist upon high standards
- offer genuine praise to each other for a well-done job
- approach chores with a light hearted, "each-helping-the-other" attitude.

The building we are staying in is really clean. Not only must we respect the premises, but also the French laws. In accordance with French laws, we can be inspected for health and safety regulations, and we want to make sure our camp is run in the best way possible.

## ***First aid***

If anyone becomes ill or injured, Manu will be in charge of the nursery for treatment, he is certified for this. If anyone, including you, have a special illness or a daily treatment please let us know it before the camp starts.

## ***Day-off***

All the adults (leaders, JC's and staff) will have one day-off during the camp. You must choose the day that you'd like, get the staff's approval, and then write down your name on the "days off calendar" poster as soon as possible. You may leave the camp for no more than 24 hours and travel no further than 2 hours away. In accordance with French laws, you have to let the director know where you are going.

The staff will help you to organize your day-off, arranging very good excursions to discover Lyon and its region. A maximum of three persons can take their day-off on the same day (only one staff can belong to this group). Remember that on special planning group day, such as open day, everyone has to be back at the camp before breakfast! You should consider your choice of day-off carefully: anticipate your need to make a break and do not schedule it too soon before your cultural day or participation in planning groups.

## ***Visitors***

During the camp, we might have local C.I.S.V. members visiting us as they helped us a lot with the organization. We will introduce them to you when they arrive. C.I.S.V. is a big family so let's give them a warm welcome !!!

## ***Daily songs and CISV flag***

Because we see the flag as a part of the CISV spirit and experience of living together at a village , we are going to sing the CISV song every morning and evening to wish everyone a good morning and a good night in everyone's language. So at least we will be able to learn few words in each language!!! We will also try to create a little ritual related to the theme or a poem about it ... It's very important that everybody arrives on time because we won't start if one's missing!!! We hope everybody will quite know the CISV song before coming to the camp !!

Here in this village you may see  
Children living happily  
Different race and different land  
Here we come to understand  
One another's point of view  
Learning through the things we do  
How alike am I to you

Here we live and eat and sleep  
Talk and laugh and sometimes weep  
Here we share our hopes and fears  
Build a bridge across the years  
Sow a seed and plant a tree  
Beneath whose branches there may be  
All the nations gathered free

That our children so may grow  
In a world we did not know  
Sharing all they have to give  
Learning how to love and live  
In our hands the future lies  
Seize the moment there it flies  
Stamp the present with an act  
Dare to make our dream a fact!

